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The balance of the Euro with other currencies ensures Portugal is a more attractive prospect to foreigner investment, especially with the pound.
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protheses, is placed in front of the muscle and this characteristic of external texture has shown to diminish the possibility of developing a capsule or contracture of the prosthesis, which is one of the most common complications in this type of surgery.

Every surgery carries a certain degree of risk and complications

Augmentation mammoplasty is a generally safe procedure as long as it is performed by qualified and trained Plastic Surgeons. Complications are usually minor and, luckily, they are not frequent. Nevertheless, as with every surgery, there is always a possibility.

The most common problem is the capsular contracture or the hardening that occurs around the prosthesis that causes the mammary gland to feel hard during palpation. As with any surgery, there can be excessive bleeding that causes an increase in volume and pain. If it continues it may require another surgery to control it and drain it.

Another small percentage of patients develop an infection around the implant, sometimes the implant must be removed for some time until the infection gets controlled. Later, a new implant can be placed.

Some women state that their nipples become more sensitive or less sensitive, and in some cases, they refer that they are not sensitive or that they feel numbness in the area.

Sometimes the mammary implant may break. This rupture may occur as the result of an impact or hit (car accident, direct trauma) that goes beyond the normal compression that the mammary space that the prosthesis can resist. If it is a saline solution implant, it will progressively deflate and the body will absorb the liquid. Lastly, there is no evidence that the mammary implants can cause or predispose mammary cancer. The only thing that is modified is the manner to perform a regular mammographic study.

Be sure to inform the radiologist or radiology technician that you have a mammary implant prior to the mammography because there are special techniques required to obtain radiological studies of breasts with implants. The Eco sonogram is another useful study to evaluate the conditions, not only of the breast but also of the implant.

Since most women do not experience complications, the patient must discuss each complication with the medical doctor. The patient must be sure that she has understood the risks and consequences of the Augmentation Mammoplasty.

All risks and complications can be reduced by closely following the Medical Doctor's recommendations before and after the surgery.

Planning the Surgery



Augmentation Mammoplasty must be an individual procedure for each patient. The initial consultation with the Surgeon is very important. It will evaluate the medical history and complete medical background. Therefore, be sure to inform you Surgeon about any particular allergies, if you are taking any medication (for example, aspirin), including vitamins or other drugs that may affect coagulation, and above all, your tobacco consumption background.

During this initial consultation, you must set your plans and expectations for this surgery. Remember that each patient and each medical doctor have different points of view about the desired shape and size of the breasts.

Be open to discuss this with the Plastic Surgeon, who must also be direct with the patient by describing and explaining the procedure and all its details, as well as the risks and limitations. Make sure that you understand the explanation on the final results and the after surgery stage. You must also discuss the anesthesia that will be used, the place and the costs required for this surgery.

The Plastic Surgeon must examine the breasts and measure them while sitting and lying down. Later, you will discuss the variables that may affect the success of the surgery such as the age of the patient, skin conditions, size and shape of the breasts.

Lastly, the Mastopexy or Mammary suspension together with the Augmentation Mammoplasty will be offered for those patients with sagging or flaccid breasts that might need them.

Finally, do never forget to ask your Surgeon regarding any doubts you may have, especially surrounding expectations, wishes and expected results.